|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| |  | | --- | |  | |  |  |  |
|  |  |  |  |
|  | | | |
| KENTON ON SEA ( COB BAY ) RACE FOR SURVIVAL | | | |
| Welcome and THANK YOU for entering the RACE FOR SURVIVAL. We trust that you will bring the family along, and enjoy a fun-filled ADVENTURE WEEKEND with us.  PLEASE NOTE THE FOLLOWING:- 1. The CYCLE EVENTS will take place on SAT 04 JUNE 2016, starting at 12h00 from CHARL GROVE  ( approximately 15km from Kenton on Sea - See map attached ) 2. The RUN/WALK EVENTS will take place at COB BAY on SUNDAY 05 JUNE, starting at 10H00 (   approximately 5.5km from Kenton on Sea - See map attached ) 3. We encourage dual participation in both the run and cycle events. 4. Participants only taking part in the RUN/WALK EVENT/S are welcome to camp over on 04 June, as  are participants taking part in only the CYCLE EVENT/S.  5. Camping accommodation for Sat night ( 04 June ) is available at COB BAY. Communal male/female   showers & ablutions are available. Campsites are NOT supplied with electrical points.  6. B&B accommodation at Woodlands Cottages/Backpackers ( Contact 082 808 5976/046 648 2867 )   NB - Camping spots are on a FIRST COME-FIRST SERVED basis.  PLEASE BRING OWN TENTS/TORCH,BLANKETS/DRINKING WATER/EATING UTENSILS/CHAIRS ETC.  **WE HIGHLY RECOMMEND THAT THOSE BOOKING CAMPING SPOTS, ERECT TENTS ETC BEFORE 11H00 ON 04 JUNE**, SO AS TO ELEVIATE ANY POTENTIAL PROBLEMS LATER IN THE DAY. ( Cycle participants can then proceed to the Charl Grove starting point ). BUSH BAR ( & soft drinks etc )/ COMMUNAL BRAAI FACILITIES ARE AVAILABLE AT COB BAY CAMPING  **FREE T-SHIRTS TO FIRST 100 CYCLISTS/RUN & WALKERS ( FINISHERS/CATEGORY )** | | | |
| COST:- |  |  |  |
|  | AMOUNT | No. of Persons | TOTAL |
| 20km/42km Cycle ( Please mark X on relevant event ) | R 120/person |  | R |
| 7.5km/15km Run/Walk ( Please mark X on relevant event ) | R80 (15km Run ) -R 60 ( 7.5km ) |  | R |
| Camping Fee - ( one tent ) - KIDS TENTS FREE! | R 150/site |  | R |
| Additional BRAAI PACKS/SALADS @ R 75/ea | R 75/person |  | R |
|  |  |  |  |
|  |  | **GRAND TOTAL** | R |
| BANKING DETAILS **( LAST DAY FOR BANKING/EFT - 30 May 2016 ):-** PAWS - First National Bank Branch No. 211021 (Vincent Park) Acc No. 62345127949 | | | |
|
|
|
| **NB - PLEASE BRING COPIES OF REGISTRATION/INDEMNITY FORMS, THIS FORM AND PROOF OF PAYMENT TO THE EVENT IN ORDER TO OBTAIN RACE STICKERS/TOKENS ETC. PLEASE ARRIVE AT LEAST 1 HOUR PRIOR TO START OF EVENT/S. NO FORMS = NO ENTRY** | | | |
| Registrations also open at events ( 09h00-11h00 ) on 04 June & 08h00 - 09h30 on 05 June | | | |
| **CONTACT : 0768016888 - Gavin or email : paws4africa@gmail.com with any queries.** | | | |
| ***PLEASE SEND A COPY OF COMPLETED FORM TO:* paws4africa@gmail.com *- FOR CATERING PURPOSES*** | | | |